# *Menu for 23rd November to 27th November 2026*

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| **Main Meals (Meat)** | Tomato and basil pasta bake with cheese* | Chicken* casserole with potatoes and carrots | Meatballs/ Chicken* with rice | Potato, cauliflower and pea curry with rice and naan bread* | Fish and chips served with mushy peas* |
| **ALLERGENS** | **Gluten and milk in cheese** | **Nil** | **Gluten and egg in meatballs** | **Mustard, Gluten and Milk in Naan** | **Fish, Gluten** |
| **Main Meal (Vegetarian)** | Tomato and basil pasta bake with cheese* | Winter vegetable casserole* | Quorn meatballs with rice | Potato, cauliflower and pea curry with rice and naan bread* | Vegetable bake and chips with mushy peas* |
| **ALLERGENS** | **Gluten and milk in cheese** | **Nil** | **Gluten and egg in quorn meatballs** | **Mustard, Gluten and Milk in Naan** | **Nil** |
| **Gluten Free Choice** | Gluten free tomato and basil pasta bake with vegan cheese | As above | Chicken with rice | As above without naan bread | Vegetable bake and chips with mushy peas |
| **ALLERGENS** | **Nil** | **Nil** | **Nil** | **Mustard** | **Nil** |
| **Jacket potatoes** | Jacket potato with cheese, beans or tuna mayonnaise | Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise | Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise | Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise | Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise |
| **ALLERGENS** | **Milk in cheese<br>Egg, fish and mustard in tuna<br>Nil in beans** | **Milk in cheese<br>Egg, fish and mustard in tuna<br>Nil in beans** | **Milk in cheese<br>Egg, fish and mustard in tuna<br>Nil in beans** | **Milk in cheese<br>Egg, fish and mustard in tuna<br>Nil in beans** | **Milk in cheese<br>Egg, fish and mustard in tuna<br>Nil in beans** |
| **Sandwiches** | Ham, Cheese or<br>Tuna and sweetcorn mayonnaise | Ham, Cheese or<br>Tuna and sweetcorn mayonnaise | Ham, Cheese or<br>Tuna and sweetcorn mayonnaise | Ham, Cheese or<br>Tuna and sweetcorn mayonnaise | Ham, Cheese or<br>Tuna and sweetcorn mayonnaise |
| **ALLERGENS** | **All contain gluten and milk<br>Egg, fish and mustard in tuna mayonnaise** | **All contain gluten and milk<br>Egg, fish and mustard in tuna mayonnaise** | **All contain gluten and milk<br>Egg, fish and mustard in tuna mayonnaise** | **All contain gluten and milk<br>Egg, fish and mustard in tuna mayonnaise** | **All contain gluten and milk<br>Egg, fish and mustard in tuna mayonnaise** |
| **Salad Bar** | Mixed leaves, cucumber, tomatoes, red onion, feta, peppers, olives, sweetcorn and vinaigrette dressing. Freshly baked bread, offered alongside all main meals. | | | | |
| | **Gluten in bread, Mustard in Vinaigrette** | | | | |
| **Dessert of the Day** | Jelly and fruit | Apple crumble and custard | Ice cream/ Mango sorbet | Chocolate chip cookies | Chocolate and toffee cake |
| **ALLERGENS** | **Nil** | **Gluten, milk in crumble and custard** | **Milk (Sorbet for dairy free)** | **Gluten, milk, eggs, soya** | **Gluten, milk, eggs, soya** |
| **Cold Dessert Choices** | A selection of yoghurts and fresh fruit | | | | |

*** Halal Option**