

Menu for 12th October to 16th October 2026



St John's
School Billericay

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals (Meat)	Baked fish* with pilau rice and citrus salsa	Chicken* pasta with red pepper cream sauce served with peas	Wraps with chicken*, tomato and cheese filling served with wedges, corn and carrot sticks	Mac and cheese with chicken* served with butternut squash	Beef/ Chicken* chilli served with rice and peas
ALLERGENS	Gluten in fish batter	Dairy in cream sauce	Gluten and Dairy	Gluten and Dairy	Nil
Main Meal (Vegetarian)	Baked vegetables* with pilau rice and citrus salsa	Vegetable* pasta with red pepper cream sauce served with peas	Wraps with Quorn*, tomato and cheese filling served with wedges, corn and carrot sticks	Mac and cheese with roasted vegetables* served with butternut squash	Quorn chilli* served with rice and peas
ALLERGENS	Nil	Dairy in cream sauce	Gluten, Egg, Dairy	Gluten and Dairy	Nil
Gluten Free Choice	Baked vegetables with pilau rice and citrus salsa	Gluten free pasta with vegetables red pepper cream/ tomato (dairy free) sauce served with peas	Gluten free wrap with either chicken and or tomato and vegan cheese filling with wedges, sweetcorn and carrot sticks	Gluten free mac and vegan cheese served with butternut squash	Either of the chilli options
ALLERGENS	Nil	Dairy in cream sauce	Nil	Nil	Nil
Jacket potatoes	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise	Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise	Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise	Jacket potato with cheese, beans or tuna and sweetcorn mayonnaise
ALLERGENS	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans
Sandwiches	Ham, Cheese or Tuna and sweetcorn mayonnaise	Ham, Cheese or Tuna and sweetcorn mayonnaise	Ham, Cheese or Tuna and sweetcorn mayonnaise	Ham, Cheese or Tuna and sweetcorn mayonnaise	Ham, Cheese or Tuna and sweetcorn mayonnaise
ALLERGENS	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise
Salad Bar	Mixed leaves, cucumber, tomatoes, red onion, feta, peppers, olives, sweetcorn and vinaigrette dressing. Freshly baked bread, offered alongside all main meals.				
	Gluten in bread				
Dessert of the Day	Apple and currant crumble served with custard	Lemon drizzle cake	Braised pears in five spice	Chocolate cake	Ice cream/ Mango sorbet
ALLERGENS	Gluten in crumble, dairy in custard	Gluten, dairy and egg in cake	Nil	Gluten, Eggs and Dairy in Cake, dairy and soy in chocolate sauce	Dairy (Sorbet for dairy free)
Cold Dessert Choices	A selection of yoghurts, fresh fruit and jelly				

* Halal Option