



# TRINITY 2026



## GLUTEN FREE WEEK 1 MENU

### — MONDAY —

Gluten free tomato pasta  
bake with mixed salad  
and coleslaw

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Peach slices, fresh fruit  
and a selection of  
yoghurts

### — TUESDAY —

Gluten free pork or  
Gluten free Quorn  
sausages served with  
mash potatoes, peas,  
sweetcorn and gravy

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Gluten free apple  
crumble and custard  
fresh fruit and a selection  
of yoghurts

### — WEDNESDAY —

Beef or mixed vegetable  
gluten free lasagne  
served with green beans  
and mixed vegetables

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Gluten free Iced  
chocolate sponge, fresh  
fruit and a selection of  
yoghurts

### — THURSDAY —

Chicken or vegetable  
gluten free fajitas with  
rice, peppers, broccoli  
and sweetcorn

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Gluten free shortbread,  
fresh fruit and a selection  
of yoghurts

### — FRIDAY —

Gluten free fish fingers or  
gluten free vegetable  
fingers served with chips  
and peas or baked beans

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Mango smoothies, fresh  
fruit and a selection of  
yoghurts

If you would like to discuss your child's food allergies further, please contact our  
Catering Manager Mrs Flynn ([nflynn@stjohnssschool.net](mailto:nflynn@stjohnssschool.net))