



LENT 2026

- WEEK 3 MENU -

- MONDAY -

Macaroni cheese served with sweetcorn and broccoli

Jacket potato with a choice of cheese, beans or tuna mayonnaise with mixed salad

Cheese, ham or tuna mayonnaise sandwiches with mixed salad

Fruit cocktail, fresh fruit and a selection of yoghurts

- TUESDAY -

Chicken or sweet potato and cauliflower curry served with rice, broccoli and sweetcorn

Jacket potato with a choice of cheese, beans or tuna mayonnaise with mixed salad

Cheese, ham or tuna mayonnaise sandwiches with mixed salad

Chocolate chip muffins, fresh fruit and a variety of yoghurts

- WEDNESDAY -

Roast gammon or Quorn sausages, roast potatoes, sliced carrots, brussel sprouts and gravy

Jacket potato with a choice of cheese, beans or tuna mayonnaise with mixed salad

Cheese, ham or tuna mayonnaise sandwiches with mixed salad

Iced sprinkle sponge, fresh fruit and a selection of yoghurts

- THURSDAY -

Beef or meat free meatballs, penne pasta served with green beans and sweetcorn

Jacket potato with a choice of cheese, beans or tuna mayonnaise with mixed salad

Cheese, ham or tuna mayonnaise sandwiches with mixed salad

Chocolate sponge with chocolate sauce, fresh fruit and a selection of yoghurts

- FRIDAY -

Chicken nuggets (KG and Junior) and chicken goujons (Seniors) or meat free nuggets served with chips, peas or baked beans

Jacket potato with a choice of cheese, beans or tuna mayonnaise with mixed salad

Cheese, ham or tuna mayonnaise sandwiches with mixed salad

Ice cream, fresh fruit and a selection of yoghurts