



# LENT 2026

## -WEEK 3 MENU-



### — MONDAY —

Macaroni cheese served  
with sweetcorn and  
broccoli

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Cheese, ham or tuna  
mayonnaise sandwiches  
with mixed salad

Fruit cocktail, fresh fruit  
and a selection of  
yoghurts

### — TUESDAY —

Chicken or sweet potato  
and cauliflower curry  
served with rice, broccoli  
and sweetcorn

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Cheese, ham or tuna  
mayonnaise sandwiches  
with mixed salad

Chocolate chip muffins,  
fresh fruit and a variety  
of yoghurts

### — WEDNESDAY —

Roast gammon or Quorn  
sausages, roast potatoes,  
sliced carrots, brussel  
sprouts and gravy

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Cheese, ham or tuna  
mayonnaise sandwiches  
with mixed salad

Iced sprinkle sponge,  
fresh fruit and a selection  
of yoghurts

### — THURSDAY —

Beef or meat free  
meatballs, penne pasta  
served with green beans  
and sweetcorn

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Cheese, ham or tuna  
mayonnaise sandwiches  
with mixed salad

Chocolate sponge with  
chocolate sauce, fresh  
fruit and a selection of  
yoghurts

### — FRIDAY —

Chicken nuggets (KG and  
Junior) and chicken  
goujons (Seniors) or  
meat free nuggets served  
with chips, peas or  
baked beans

Jacket potato with a  
choice of cheese, beans or  
tuna mayonnaise with  
mixed salad

Cheese, ham or tuna  
mayonnaise sandwiches  
with mixed salad

Ice cream, fresh fruit and  
a selection of yoghurts