



Week Three		Michaelmas Term 2025			
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals (Meat)	Tomato and basil pasta bake served with garlic bread	Chicken and vegetable puff pastry pie served with mashed potatoes	Roast gammon served with roast potatoes and gravy	Beef meatballs in a tomato sauce served with rice	Battered chicken nuggets for kg and juniors chicken tenders for seniors
ALLERGENS	Gluten, milk	Milk, gluten in pie Milk in mashed potatoes	Nil	Gluten	Gluten
Main meal (Vegetarian)	Plain pasta served with grated cheese and garlic bread	Quorn and vegetable puff pastry pie served with mashed potatoes	Quorn sausages served with roast potatoes and gravy	Quorn balls in a tomato sauce served with rice	Quorn vegetable nuggets
ALLERGENS	Gluten, milk	Gluten and milk in pie Milk in mashed potatoes	Gluten	Gluten	Gluten
Jacket potatoes	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise
ALLERGENS	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans
Sandwiches	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise
ALLERGENS	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise
Vegetables	Mixed salad	Garden peas	Sliced carrots	Green beans	Garden Peas
Vegetables	Creamy coleslaw	Sweetcorn	Brussel sprouts	Sweetcorn	baked beans
Salad Bar	Iceberg lettuce, cucumber, tomatoes, sweetcorn and grated carrot served with freshly baked malted wheat bread, offered alongside all main meals.				
ALLERGENS	Gluten in malted wheat bread				
Dessert of the Day	Peach slices	Chocolate chip muffin tray bake	Iced sponge with sprinkles	Chocolate sponge with chocolate sauce	Vanilla ice cream tubs
ALLERGENS	Nil	Eggs, milk, gluten	Eggs, milk, gluten	Gluten, egg, milk milk in chocolate sauce	Milk
Cold Dessert Choices	A selection of yoghurts, Frubes, Fresh Fruits and vegetarian jellies.				
	All Menus are subject to change depending on the circumstances of the daily business				