

**Week  
One**

**New Spring Menu**



**St John's**  
School **Billerica**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meals (Meat)</b>	Pork sausages with mashed potatoes and gravy	Chicken pizza baguette with potato wedges	Beef Bolognese with penne pasta	Ham and sweetcorn mac n cheese	Fish fingers for our younger diners with battered fish for our juniors and seniors, with chips
<b>ALLERGENS</b>	Gluten, sulphites in pork sausages milk in mash	Gluten, milk	Gluten, milk	Gluten, milk	Gluten, fish in both dishes
<b>Main Meal (Vegetarian)</b>	Quorn sausage with mashed potatoes and gravy	Cheese and tomato pizza baguette with potato wedges	Vegetable bolognese served with penne pasta	Mac n cheese	Vegetable fingers served with chips
<b>ALLERGENS</b>	Gluten in Quorn sausage Milk in mash	Gluten, milk	Gluten, egg	Gluten, milk	Gluten
<b>Jacket potatoes</b>	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise
<b>ALLERGENS</b>	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans
<b>Sandwiches</b>	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise
<b>ALLERGENS</b>	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise
<b>Vegetables</b>	Garden peas	Mixed salad	Green beans	Broccoli	Garden Peas
<b>Vegetables</b>	Sweetcorn	Creamy coleslaw	Mixed vegetables	Sweetcorn	Baked beans
<b>Salad Bar</b>	Iceberg lettuce, cucumber, tomatoes, sweetcorn and grated carrot served with freshly baked malted wheat bread, offered alongside all main meals.				
<b>ALLERGENS</b>	Gluten in malted wheat bread				
<b>Dessert of the Day</b>	Rice pudding with a jam sauce	Iced sponge with sprinkles	Chocolate sponge with a chocolate sauce	Apple crumble and custard	Fruit cocktail
<b>ALLERGENS</b>	Milk	Gluten, milk, eggs	Gluten, milk, eggs Milk in chocolate sauce	Gluten, milk Milk in custard	Nil
<b>Cold Dessert Choices</b>	A selection of yoghurts, Frubes, Fresh Fruits and vegetarian jellies.				
	All Menus are subject to change depending on the circumstances of the daily business				