

Week One					
					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals (Meat)	Pork sausages with mashed potatoes and gravy	Chicken pizza baguette with potato wedges	Beef Bolognaise with penne pasta	Ham and sweetcorn mac n cheese	Fish fingers for our younger diners with battered fish for our juniors and seniors, with chips
ALLERGENS	Gluten, sulphites in pork sausages milk in mash	Gluten, milk	Gluten, milk	Gluten, milk	Gluten, fish in both dishes
Main Meal (Vegetarian)	Quorn sausage with mashed potatoes and gravy	Cheese and tomato pizza baguette with potato wedges	Vegetable bolognaise served with penne pasta	Mac n cheese	Vegetable fingers served with chips
ALLERGENS	Gluten in Quorn sausage Milk in mash	Gluten, milk	Gluten, egg	Gluten, milk	Gluten
Jacket potatoes	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise	Jacket potato with cheese, beans or tuna mayonnaise
ALLERGENS	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans	Milk in cheese Egg, fish and mustard in tuna Nil in beans
Sandwiches	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise	Ham, Cheese or Tuna mayonnaise
ALLERGENS	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise	All contain gluten and milk Egg, fish and mustard in tuna mayonnaise
Vegetables	Garden peas	Mixed salad	Green beans	Broccoli	Garden Peas
	Sweetcorn	Creamy coleslaw	Mixed vegetables	Sweetcorn	Baked beans
Salad Bar	Iceberg lettuce, cucumber, tomatoes, sweetcorn and grated carrot served with freshly baked malted wheat bread, offered alongside all main meals.				
ALLERGENS	Gluten in malted wheat bread				
Dessert of the Day	Rice pudding with a jam sauce	Iced sponge with sprinkles	Chocolate sponge with a chocolate sauce	Apple crumble and custard	Fruit cocktail
ALLERGENS	Milk	Gluten, milk, eggs	Gluten, milk, eggs Milk in chocolate sauce	Gluten, milk Milk in custard	Nil
Cold Dessert Choices	A selection of yoghurts, Frubes, Fresh Fruits and vegetarian jellies.				
	All Menus are subject to change depending on the circumstances of the daily business				