

Week Three **Trinity Term Menu**



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tomato and vegetable pasta bake, sliced carrots, garden peas and garlic bread	Ham and cheese wraps or BBQ chicken and cheese wraps with crunchy coleslaw and side salad	Roast of the day served with roast potatoes, sliced carrots, brussell sprouts and gravy	Cottage pie served with green bean, sweetcorn and gravy	Pork sausage roll served with chips and garden peas or mixed salad
Option 1 ALLERGENS	Gluten in pasta dish Gluten, milk in garlic bread	Gluten, milk Egg, mustard in coleslaw	Nil	Milk in the potatoes	Gluten, soya, sulphites and milk
Option 2	Plain boiled pasta with grated cheese, sliced carrots, garden peas and garlic bread	Cheese and tomato wraps all served with oven baked wedges with crunchy coleslaw and side salad	Cheesy garlic baguette sticks	Mac n cheese, green beans and sweetcorn	Vegetable nuggets served with chips and garden peas or mixed salad
Option 2 ALLERGENS	Gluten in pasta Milk in cheese, gluten, milk in garlic bread	Gluten, milk Egg, mustard in coleslaw	Gluten, milk	Gluten, milk	Gluten
Option 3	Jacket potatoes served with a choice of grated cheese, tuna mayonnaise or baked beans				
Option 3 ALLERGENS	Milk in cheese, Egg & mustard in tuna, Nil in beans				
Option 4 (offered with all main dishes)	Salad bar comprising of: lettuce, tomatoes, cucumber, sweetcorn, mixed peppers and grated carrot served with a choice of sliced meats, tuna mayonnaise, cheese and freshly baked malted wheat bread				
Option 4 ALLERGENS	Gluten in bread				
Dessert of the Day	Mandarins	Lemon drizzle cake	Peach slices	Mike's Flapjack	Fresh fruit salad
Dessert of the Day ALLERGENS	Nil	Egg, milk, gluten	Nil	Gluten, milk	Nil
Cold Dessert Choices	A selection of yoghurts and frubes, fresh fruits and jellies are provided as an alternative to dessert of the day				
	All menus are subject to change depending on the circumstances of the daily business				