|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Pork Sausages with mashed potatoes, garden peas, sliced carrots and gravy | Ham and cheese panini, served with herby diced potatoes, coleslaw and chef's salad | Chicken and vegetable pie served with mashed potatoes, baby carrots and gravy | Tuna and sweetcorn pasta bake, garden peas and sweetcorn | Fish fingers for our younger diners with battered fish for our juniors and seniors, garden peas or chef's salad and chips |
| Option 1 ALLERGENS | Gluten, sulphites in sausages milk in mash | Gluten, milk Egg, mustard in coleslaw Gluten in potatoes | Gluten in pastry milk in mash | Gluten, fish, milk | Gluten, fish in both dishes |
| Option 2 | Quorn Sausages with mashed potatoes, garden peas, sliced carrots and gravy | Plain cheese panini, served with herby diced potatoes, coleslaw and chef's salad | Cheese and tomato pizza baguettes with oven baked wedges and mixed salad | Vegetable pasta bake, garden peas and sweetcorn | Vegetable quiche with garden peas or chef's salad and chips |
| Option 2 <br> Allergens | Gluten in sausages milk in mash | Gluten, milk Egg, mustard in coleslaw Gluten in potatoes | Gluten milk | Gluten | Gluten, egg, milk |
| Option 3 | Jacket potatoes served with a choice of grated cheese, tuna mayonnaise or baked beans |  |  |  |  |
| Option 3 ALLERGENS | Milk in cheese, Egg \& mustard in tuna, Nil in beans |  |  |  |  |
| Option 4 (offered with all main dishes) | Salad bar comprising of: lettuce, tomatoes, cucumber, sweetcorn, mixed peppers and grated carrot and freshly baked malted wheat bread |  |  |  |  |
| Option 4 <br> AlLERGENS | Gluten in bread |  |  |  |  |
| Dessert of the Day | Mandarins | Orange drizzle cake | Fresh melon | Apple and blackberry oatie crumble and custard | Fresh pineapple pieces |
| Dessert of the Day ALLERGENS | Nil | Gluten, milk, eggs | Nil | Gluten, milk milk in custard | Nil |
| Cold Dessert Choices | A selection of frubes, fresh fruits and jellies are provided as an alternative to dessert of the day |  |  |  |  |
|  | All menus are subject to change depending on the circumstances of the daily business |  |  |  |  |

