

Week Two

Michaelmas Term



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef bolognaise served with sliced carrots, broccoli and white rice	Chicken burger served with chef's salad, crunchy coleslaw and oven baked wedges	Quiche Lorraine served with sliced carrots and/ or salad and herby diced potatoes	Mac n cheese with ham, mixed vegetables and sweetcorn	Fish fingers for our younger diners with battered fish for our juniors and seniors with, garden peas, chef's mixed salad and chips
Option 1 ALLERGENS	Nil	Gluten Egg, mustard in coleslaw	Gluten ,milk,egg Gluten in herby diced potatoes	Gluten,milk	Gluten, fish in both dishes
Option 2	Tomato, basil and vegetable pasta bake served with sliced carrots and broccoli	Vegetable burger served with chef's salad, crunchy coleslaw and oven baked wedges	Margarita pizza baguette sticks with herby diced potatoes, sliced carrots and/ or salad	Mac n cheese, mixed vegetables and sweetcorn	Potato, peppers and red onion bake served with garden peas and chef's mixed salad
Option 2 ALLERGENS	Gluten	Gluten Egg, mustard in coleslaw	Gluten ,milk Gluten in herby diced potatoes	Gluten,milk	Milk eggs
Option 3	Jacket potatoes served with a choice of grated cheese, tuna mayonnaise or baked beans				
Option 3 ALLERGENS	Milk in cheese, Egg & mustard in tuna, Nil in beans				
Option 4 (offered with all main dishes)	Salad bar comprising of: lettuce, tomatoes, cucumber, sweetcorn, mixed peppers and grated carrot and freshly baked malted wheat bread				
Option 4 ALLERGENS	Gluten in bread				
Dessert of the Day	Mandarins	Strawberry oat crumble with custard	Fruit cocktail	Lemon drizzle cake	Honeydew melon chunks. or peach slices
Dessert of the Day ALLERGENS	Nil	Gluten milk milk in custard	Nil	Gluten, egg, milk	Nil
Cold Dessert Choices	A selection of yoghurts and frubes, fresh fruits and jellies are provided as an alternative to dessert of the day				
	All Menus are subject to change depending on the circumstances of the daily business				