

Week One

Michaelmas Term



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork Sausages with mashed potatoes, garden peas, sliced carrots and gravy	Ham and cheese panini, coleslaw and chef's salad	Chicken and vegetable pie served with mashed potatoes, baby carrots and gravy	Tuna and sweetcorn pasta bake, garden peas and sweetcorn	Fish fingers for our younger diners with battered fish for our juniors and seniors, garden peas or chef's salad and chips
Option 1 ALLERGENS	Gluten, sulphites in sausages milk in mash	Gluten, milk Egg, mustard in coleslaw	Gluten in pastry milk in mash	Gluten, fish, milk	Gluten, fish in both dishes
Option 2	Quorn Sausages with mashed potatoes, garden peas, sliced carrots and gravy	Plain cheese panini, coleslaw and chef's salad	Cheese and tomato pizza baguettes with oven baked wedges and mixed salad	Vegetable pasta bake, garden peas and sweetcorn	Vegetable quiche with garden peas or chef's salad and chips
Option 2 ALLERGENS	Gluten in sausages milk in mash	Gluten, milk Egg, mustard in coleslaw	Gluten milk	Gluten	Gluten, egg, milk
Option 3	Jacket potatoes served with a choice of grated cheese, tuna mayonnaise or baked beans				
Option 3 ALLERGENS	Milk in cheese, Egg & mustard in tuna, Nil in beans				
Option 4 (offered with all main dishes)	Salad bar comprising of: lettuce, tomatoes, cucumber, sweetcorn, mixed peppers and grated carrot and freshly baked malted wheat bread				
Option 4 ALLERGENS	Gluten in bread				
Dessert of the Day	Mandarins	Orange drizzle cake	Honeydew melon chunks or mandarins	Apple and blackberry oatie crumble and custard	Fresh pineapple pieces. or fruit cocktail
Dessert of the Day ALLERGENS	Nil	Gluten, milk, eggs	Nil	Gluten, milk milk in custard	Nil
Cold Dessert Choices	A selection of frubes , fresh fruits and jellies are provided as an alternative to dessert of the day				
	All Menus are subject to change depending on the circumstances of the daily business				