

**Week  
One**

**Lent Term**



	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Fun Day Friday</b>
<b>Main Meals Meat</b>	Pork Sausages with mashed potatoes and gravy	Mighty meaty pizza served with chips	Roast gammon roast potatoes and gravy	Chicken curry served with rice and naan bread	Fish fingers for our younger diners with battered fish for our juniors and seniors with chips
<b>ALLERGENS</b>	Gluten, sulphites in sausages milk in mash	Gluten milk sulphites	Nil	Mustard gluten milk in naan bread	Gluten, fish in both dishes
<b>Main Meals Vegetarian</b>	Mac n Cheese	Cheese and red onion quiche served with chips	Vegetable shepherds pie	Tomato and basil pasta bake	Vegetable samosa served with chips
<b>ALLERGENS</b>	Gluten, milk	Milk, egg, gluten	Milk	Gluten	Gluten
<b>Jacket Potato</b>	Baked beans or grated cheese	Coronation chicken or grated cheese	Coleslaw or grated cheese	Tuna mayonnaise or grated cheese	Baked beans or grated cheese
<b>ALLERGENS</b>	Milk in cheese	Egg, mustard in chicken milk in cheese	Egg, mustard in coleslaw milk in cheese	Fish, egg mustard in tuna milk in cheese	Milk in cheese
<b>House Vegetables</b>	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
<b>Vegetable or Pulse of the Day</b>	Baked beans	Sweetcorn	Country mixed vegetables	Green beans	Baked beans
<b>Sandwich Choice</b>	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
<b>ALLERGENS</b>	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo
<b>Cold Deli</b>	FRESHLY BAKED BREAD & SALAD AVAILABLE DAILY (Lettuce, Tomato and Cucumber) Plus a Chef's Choice				
<b>Dessert of the Day</b>	Mandarins	Apple and sultana crumble with custard	Fruit cocktail	Mike's flapjack	Chocolate cookie
<b>ALLERGENS</b>	Nil	Gluten milk	Nil	Gluten, milk	Gluten, soyabean, egg, milk
<b>Cold Dessert Choices</b>	A SELECTION OF YOGHURTS, FRUBES FRESH FRUITS , JELLIES AND CREAM CRACKERS WITH BUTTER				
	All Menus are subject to change depending on the circumstances of the daily business				