Choices

Four Lent Term



					School Dilicricay
	Monday	Tuesday	Wednesday	Thursday	Fun Day Friday
Main Meals Meat	Beef chilli con carne with boiled rice	Pepperoni pizza with potato wedges	Puff pastry chicken pie served with mashed potatoes	Beef meatballs served with rice	Chicken burger with french fries
ALLERGENS	Sulphites	Gluten milk sulphites	Gluten sulphites milk in mash	Gluten	Gluten
Main Meals Vegetarian	Tomato and basil pasta bake	Butternut squash curry with rice	Cheese and tomato wraps with a side salad	Vegetable hotpot	Cheese and tomato quiche with french fries
ALLERGENS	Gluten	sulphites mustard	Gluten, milk	Gluten	Gluten, egg, milk
Jacket Potato	Tuna mayo or grated cheese	Chilli con carne or grated cheese	Coleslaw or grated cheese	Chicken mayonnaise or grated cheese	Baked beans or grated cheese
ALLERGENS	Fish, egg mustard in tuna milk in cheese	Sulphites in chilli milk in cheese	Egg, mustard in coleslaw milk in cheese	Egg, mustard in chicken milk in cheese	Milk in cheese
House Vegetables	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
Vegetable or Pulse of the Day	Whole green beans	Sweetcorn	Mixed salad	Sweetcorn	Baked beans
Sandwich Choice	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
ALLERGENS	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo	Gluten, milk in all plus fish, mustard and eggs in tuna mayo
Cold Deli	FRESHLY BAKED BREAD & SALAD AVAILABLE DAILY				
55.3 BCII	(Lettuce, Tomato and Cucumber) Plus a Chef's Choice				
Dessert of the Day	Peach slices	Iced sponge with hundreds and thousands	Pineapple wedges	Muffin tray bake	Chocolate and vanilla swirl mousse
ALLERGENS	Nil	Gluten, egg, milk	Nil	Gluten, egg, milk	Milk
Cold Dessert		A SELECTION OF YOGHURTS.	FRUBES, FRESH FRUITS, JELLIES AND	CREAM CRACKERS WITH BUTTER DA	ı

A SELECTION OF YOGHURTS, FRUBES, FRESH FRUITS, JELLIES AND CREAM CRACKERS WITH BUTTER DAILY

All Menus are subject to change depending on the circumstances of the daily business