

**Week
One**

Michaelmas Term



	Monday	Tuesday	Wednesday	Thursday	Fun Day Friday
Main Meals Meat	Pork Sausages with mashed potatoes and gravy	Ham and cheese panini	Roast Gammon, Roast Potatoes and Gravy	Chicken curry with boiled rice and a naan bread	Fish fingers for our younger diners with battered fish for our juniors and seniors with chips
ALLERGENS	Gluten, sulphites in sausages soya in gravy milk in mash	Gluten,milk	Soya in gravy	Mustard in curry gluten,milk,in naan bread	Gluten, fish in both dishes
Main Meals Vegetarian	Quorn Sausages with mashed potatoes and gravy	Plain cheese panini	Cheese and tomato quiche	Tomato and basil pasta bake	Vegetable quarter pounder in a bap served with chips
ALLERGENS	Gluten,milk,egg in sausages soya in gravy milk in mash	Gluten,milk	Gluten,milk,eggs	Gluten milk	Gluten
Jacket Potato	Baked beans or grated cheese	Creamy coleslaw or grated cheese	Tuna mayonnaise or grated cheese	Chicken curry or grated cheese	Baked beans or grated cheese
ALLERGENS	Milk in cheese	Egg, mustard in coleslaw milk in cheese	Fish, egg mustard in tuna milk in cheese	mustard in chicken curry milk in cheese	Milk in cheese
House Vegetables	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
Vegetable or Pulse of the Day	Baked beans	Side salad	Country mixed vegetables	Sweetcorn	Baked beans
Sandwich Choice	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
ALLERGENS	Gluten and milk in all plus fish mustard and eggs in tuna	Gluten and milk in all plus fish mustard and eggs in tuna	Gluten and milk in all plus fish mustard and eggs in tuna	Gluten and milk in all plus fish mustard and eggs in tuna	Gluten and milk in all plus fish mustard and eggs in tuna
Cold Deli	FRESHLY BAKED BREAD & SALAD AVAILABLE DAILY (Lettuce, Tomato and Cucumber) Plus a Chef's Choice				
Dessert of the Day	Mandarins	Mike's flapjack	Fruit Cocktail	Iced Carrot Cake	Jam Doughnuts
ALLERGENS	Nil	Gluten, Milk	Nil	Gluten, Milk, Eggs	Gluten, Soyabean
Cold Dessert Choices	A SELECTION OF YOGHURTS, FRUBES FRESH FRUITS , JELLIES AND CREAM CRACKERS WITH BUTTER				
	All Menus are subject to change depending on the circumstances of the daily business				