

**Week
Two**

LENT TERM



	Monday	Tuesday	Wednesday	Thursday	Fun Day Friday
Main Meals Meat	Beef bolognese served with white rice	Shepherds pie with gravy	Beef meatballs in a tomato sauce served with rice	BBQ pork served with white rice	Chicken Goujons Wings of fire for seniors served with French fries
ALLERGENS	Sulphites	Sulphites, milk	Gluten	Sulphites	Gluten in goujons Nil in wings
Main Meals Vegetarian	Tomato and basil pasta bake	Pizza with potato wedges	Quorn meatballs served with rice	Arrabiata pasta(also plain pasta)	Vegetable fingers served with french fries
ALLERGENS	Gluten	Gluten milk	Gluten ,egg	Gluten	Gluten
Jacket Potato	Creamy coleslaw or grated cheese	Beef bolognese or grated cheese	Tuna mayonnaise or grated cheese	Chicken Mayonnaise or grated cheese	Baked beans or grated cheese
ALLERGENS	Egg, mustard in coleslaw milk in cheese	Sulphites in chilli milk in cheese	Fish, egg mustard in tuna milk in cheese	Egg, mustard in chicken milk in cheese	Milk in cheese
House Vegetables	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
Vegetable or Pulse of the Day	Broccoli	Sweetcorn	Green beans	Mixed vegetables	Baked beans
Sandwich Choice	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
ALLERGENS	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA
Cold Deli	FRESHLY BAKED BREAD & SALAD AVAILABLE DAILY (Lettuce, Tomato and Cucumber) Plus a Chef's Choice				
Dessert of the Day	Pineapple pieces	Mike's lemon drizzle cake	Mandarins	Apple and sultana crumble and custard	Chocolate mousse
ALLERGENS	Nil	Gluten, egg, milk	Nil	Gluten milk in crumble milk in custard	Milk
Cold Dessert Choices	A SELECTION OF YOGHURTS, FRUBES, FRESH FRUITS, JELLIES AND CREAM CRACKERS WITH BUTTER DAILY				
	All Menus are subject to change depending on the circumstances of the daily business				