

**Week  
Three**

Michaelmas



**St John's**  
School **Billericay**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Fun Day Friday</b>
<b>Main Meals Meat</b>	Pork sausages ,mashed potatoes and gravy	Ham and cheese(also plain cheese)panini	Roast beef, Yorkshire pudding ,roast potatoes and gravy	Chicken curry with boiled rice and a Naan Bread	Fish fingers for our younger diners with battered fish for our juniors and seniors with chips
<b>ALLERGENS</b>	Gluten, sulphites in sausages soya in gravy milk in mash	Gluten,milk in both	Gluten,egg,milk in yorkshire soya in gravy	Mustard in curry gluten,milk,in naan bread	Gluten, fish in both dishes
<b>Main Meals Vegetarian</b>	Quorn sausages ,mashed potatoes and gravy	Butternut squash curry with steamed rice	Cheese and tomato pizza with roast potatoes	Tomato and Basil pasta bake(also plain pasta)	Vegetable spring roll with chips
<b>ALLERGENS</b>	Gluten,egg,milk in sausage milk in mash	Mustard,celery,sulphites	Gluten ,milk	Gluten	Gluten ,soyabean,celery
<b>Jacket Potato</b>	Baked beans or grated cheese	Tuna mayonnaise or grated cheese	Creamy coleslaw or grated cheese	Chicken curry or grated cheese	Baked beans or grated cheese
<b>ALLERGENS</b>	Milk in cheese	Fish, egg mustard in tuna milk in cheese	Egg, mustard in coleslaw milk in cheese	Mustard in curry milk in cheese	Milk in cheese
<b>House Vegetables</b>	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
<b>Vegetable or Pulse of the Day</b>	Baked beans	Side salad	Brussel sprouts	Sweetcorn	Baked beans
<b>Sandwich Choice</b>	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
<b>ALLERGIES</b>	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA
<b>Cold Deli</b>	FRESHLY BAKED BREAD & SALAD AVAILABLE DAILY (Lettuce, Tomato and Cucumber) Plus a Chef's Choice				
<b>Dessert of the Day</b>	Rice Pudding with a jam sauce	Tinned fruit cocktail	Apple and blackberry crumble with custard	Tinned Mandarins	Chocolate ring doughnut's
<b>ALLERGENS</b>	Milk sulphites in jam	Nil	Gluten,milk milk in custard	Nil	Gluten,soyabean,milk
<b>Cold Dessert Choices</b>	A SELECTION OF YOGHURTS,FRUBES, FRESH FRUITS, JELLIES AND CREAM CRACKERS WITH BUTTER DAILY				
	All Menus are subject to change depending on the circumstances of the daily business				