

**Week
One**

Michaelmas



St John's
School **Billericay**

	Monday	Tuesday	Wednesday	Thursday	Fun Day Friday
Main Meals Meat	Pork Sausages with mashed potatoes and gravy	Chicken curry with boiled rice and a naan bread	Roast turkey,stuffing,roast potatoes and gravy	Hotdogs served with potato wedges	Fish fingers for our younger diners with battered fish for our juniors and seniors with chips
ALLERGENS	Gluten, sulphites in sausages soya in gravy milk in mash	Mustard in curry gluten,milk,in naan bread	Soya in gravy gluten in stuffing	Gluten in the rolls	Gluten, fish in both dishes
Main Meals Vegetarian	Vegetable Sausages with mashed potatoes and gravy	Macaroni Cheese	Neopolitan Pasta (plus plain pasta)	Quorn sausage toad in the hole served with potato wedges	Vegetable quarter pounder in a bap served with chips
ALLERGENS	Gluten celery in sausages soya in gravy milk in mash	Gluten milk	Gluten	Milk eggs gluten	Gluten
Jacket Potato	Baked beans or grated cheese	Coronation chicken or grated cheese	Tuna mayonnaise or grated cheese	Creamy coleslaw or grated cheese	Baked beans or grated cheese
ALLERGENS	Milk in cheese	Egg, mustard in chicken milk in cheese	Fish, egg mustard in tuna milk in cheese	Egg, mustard in coleslaw milk in cheese	Milk in cheese
House Vegetables	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
Vegetable or Pulse of the Day	Baked beans	Broccoli	Country mixed vegetables	Sweetcorn	Baked beans
Sandwich Choice	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
ALLERGENS	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH MUSTARD EGGS IN TUNA
Cold Deli	FRESHLY BAKED BREAD & SALAD AVAILABLE DAILY (Lettuce, Tomato and Cucumber) Plus a Chef's Choice				
Dessert of the Day	Tinned mandarins	Fruit pie and custard	Apple and sultana crumble with custard	Chocolate chip muffin cake	Jam doughnuts
ALLERGENS	Nil	Gluten in pastry milk in custard	Gluten, milk	Gluten, milk, Eggs	Gluten, soyabean
Cold Dessert Choices	A SELECTION OF YOGHURTS, FRUBES FRESH FRUITS , JELLIES AND CREAM CRACKERS WITH BUTTER				
	All Menus are subject to change depending on the circumstances of the daily business				