

**Week  
Four**



**St John's**  
School **Billericay**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Fun Day Friday**

<b>Main Meals Meat</b>	BBQ Pork served on a bed of White Rice	Chicken Burger in a Seeded Bun with Potato Wedges	Sausage Rolls served with Potato Wedges	Chicken and Mushroom Puff Pastry Pie served with Potato Wedges	Fish Fingers for KG and Juniors Spicy Chicken Goujons for Seniors
<b>ALLERGENS</b>	SULPHITES	GLUTEN IN CHICKEN BURGER (GLUTEN AND SESAME SEEDS ON BUN)	SULPHITES, GLUTEN, SOYABEAN, MILK	SULPHITES, GLUTEN, MILK	GLUTEN FISH IN FISH FINGERS (GLUTEN IN CHICKEN)
<b>Main Meals Vegetarian</b>	Penne Pasta Cheese Bake	Red Onion Frittata with Potato Wedges	Quorn sausages with Potato Wedges	Pizza Wedges served with Potato Wedges	Vegetable Fingers with Chips
<b>ALLERGENS</b>	GLUTEN, MILK	EGGS, MILK (NO ALLERGIES IN POTATOES)	MILK, GLUTEN, EGG	GLUTEN, MILK	GLUTEN
<b>Jacket Potato</b>	Baked Beans or Grated Cheese	Chicken Mayo or Grated Cheese	Chicken Madras or Grated Cheese	Tuna Mayo or Grated Cheese	Baked Beans or Grated Cheese
<b>ALLERGENS</b>	MILK IN CHEESE	EGGS, MILK IN CHICKEN MAYO (MILK IN CHEESE)	MUSTARD IN CHICKEN CURRY (MILK IN CHEESE)	FISH, MUSTARD, EGGS IN TUNA MAYO (MILK IN CHEESE)	MILK IN CHEESE
<b>House Vegetables</b>	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
<b>Vegetable or Pulse of the Day</b>	Whole Green Beans	Mixed Vegetables	Baked Beans	Sweetcorn	Baked Beans
<b>Sandwich Choice</b>	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
<b>ALLERGENS</b>	GLUTEN, MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN, MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN, MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN, MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN, MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA
<b>Dessert of the Day</b>	Tinned Mandarins	Iced Chocolate Chip Fudge Cake	Iced Sponge	Fruit Cocktail	Jam Doughnut
<b>ALLERGENS</b>	NIL	GLUTEN, EGGS, MILK	GLUTEN, EGGS, MILK	NIL	GLUTEN, SOYABEAN

**Cold Dessert Choices** A SELECTION OF YOGHURTS, FRESH FRUITS, JELLIES AND CREAM CRACKERS WITH BUTTER DAILY

All Menus are subject to change depending on the circumstances of the daily business