

**Week  
Three**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Fun Day Friday</b>
<b>Main Meals Meat</b>	Diced Pork in a BBQ Sauce with Boiled Rice	Beef Pasta Bake Lasagne Topped	Cottage Pie	Chicken Madras with Rice and Naan Bread	Chicken Nuggets with Chips
<b>ALLERGENS</b>	GLUTEN, SOYABEAN	SULPHITES, GLUTEN, MILK	MILK, SULPHITES	MUSTARD (GLUTEN, MILK, EGGS IN NAAN BREAD)	GLUTEN
<b>Main Meals Vegetarian</b>	Macaroni Cheese	Cheese and Tomato Pizza with Spicy Wedges	Tomato and Basil Pasta Bake with Garlic Bread	Spanish Omelette with Sautee Potatoes	Vegetable Quarter Pounder Burger in a Seeded Bun
<b>ALLERGENS</b>	GLUTEN, MILK	GLUTEN, MILK (MILK IN POTATO WEDGES)	GLUTEN (GLUTEN & MILK IN GARLIC BREAD)	MILK, EGGS	GLUTEN, SESAME SEEDS, MILK
<b>Jacket Potato</b>	Baked Beans or Grated Cheese	Chicken Mayo or Grated Cheese	Bolognaise Sauce or Grated Cheese	Tuna Mayo or Grated Cheese	Baked Beans or Grated Cheese
<b>ALLERGENS</b>	MILK IN CHEESE	EGGS, MUSTARD IN CHICKEN MAYO, (MILK IN CHEESE)	SULPHITES, (MILK IN CHEESE)	FISH, EGGS, MUSTARD IN TUNA MAYO, (MILK IN CHEESE)	MILK IN BOTH CHOICES
<b>House Vegetables Vegetable or Pulse of the Day</b>	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas and Sliced Carrots	Garden Peas
	Green Beans	Sweetcorn	Broccoli	Mixed Vegetables	Baked Beans
<b>Sandwich Choice</b>	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps	Today's Meat Choice, Cheese or Tuna with Potato Crisps
<b>ALLERGENS</b>	GLUTEN ,MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA	GLUTEN ,MILK IN ALL PLUS FISH, MUSTARD, EGGS IN TUNA
<b>Dessert of the Day</b>	Iced Chocolate Doughnuts	Lemon Drizzle Cake	Pineapple Pieces	Mike's Flapjack	Tinned Peach Slices
<b>ALLERGENS</b>	GLUTEN, EGGS, SOYABEAN, MILK	GLUTEN, MILK, EGGS	NIL	GLUTEN, MILK	NIL
<b>Cold Dessert Choices</b>	A SELECTION OF YOGHURTS, FRESH FRUITS, JELLIES AND CREAM CRACKERS WITH BUTTER DAILY				
	All Menus are subject to change depending on the circumstances of the daily business				