

Week One

Kindergarten Menu



St John's
School **Billericay**

	Monday	Tuesday	Wednesday	Thursday	Fun Day Friday
Main Meal	Pork Sausages and Mashed Potatoes with Gravy	Vegetable Frittata with Garlic Bread	Pasta Bolognese served with a slice of Garlic Bread	Cheese and Tomato Pizza with Herby Diced Potatoes	Chicken Nuggets with Chips
ALLERGIES	Gluten, Sulphites, milk and Soya	Egg milk (Gluten Milk in garlic bread)	Milk, Gluten sulphates (gluten milk in garlic bread)	Gluten Milk	Gluten
Vegetarian Meal	Quorn Sausages and Mashed Potatoes with Vegetarian Gravy	Vegetable Frittata with Garlic Bread	Jacket Potato with Grated Cheese	Cheese and Tomato Pizza with Herby Diced Potatoes	Vegetable Nuggets with Chips
ALLERGIES	Gluten, Egg	Egg milk (Gluten Milk in garlic bread)	Milk	Gluten Milk	Gluten
Jacket Potato	With Grated Cheese	With Chicken Mayonnaise	Grated Cheese	Tuna Mayonnaise	Baked Beans
ALLERGIES	Milk	Egg Mustard	Milk	Fish Mustard Egg	NIL
Vegetables or Pulse Choice	Garden Peas	Green Beans	Sliced Carrots	Sweetcorn	Garden Peas
Salad Pot	Cucumber Cubes	Carrot Slices	Cucumber Slices	Cherry Tomatoes	Cucumber Cubes
Fruit Pot & Fun Friday	Raisins	Fresh Melon Chunks	Fruit Cocktail	Pineapple Chunks	Chocolate Ring Doughnut sulphites gluten milk
Cold Picnic Lunch	Alternatively, your child may opt for a cold picnic lunch of either cheese, ham or tuna sandwiches with a variety of picnic items such as sausage roll, chicken nuggets or pizza pieces, along with a salad and fruit pot.				
	All Menus are subject to change depending on the circumstances of the daily business				